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## Worrying about the future

Translated by Raha ibn Donald Batts

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

**Question:** Noble Shaykh, may Allaah grant you success, (the questioner) says: I preserve the five prayers within their times, I am constant in reciting the Qur'aan, and superogatory fasting, and for Allaah is the praise. However, at times fear of the future overtakes me; the future in terms of livelihood and provisions; and fear over the future and provisions of my children; specifically within these recent times. From that which it has caused to enter my soul is grief, anxiety, and confusion. So what is your guidance and advice regarding these affairs?

**Shaykh Saalih al-Fawzaan** (حفظه الله)<sup>1</sup>: This is from Shaytaan. It is upon you to seek refuge from Shaytaan; if there comes to you something from these (matters) seek refuge with Allaah and have a good thought about Allaah. Put your trust in Allaah, and Allaah will rectify your affairs, insha'allah.

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<sup>1</sup> (حفظه الله) May Allaah the Most High preserve him